




# JANUARY



**Staff Birthdays**  
1/4 Madison

**Kids' Birthdays**  
1/5 Gigi  
1/15 Yaimar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekly Theme	Music	Arts/Crafts	Sensory	Reading	Fun	
31	1	2	3	4	5	6
 Wolves School Closed →	 HAPPY new YEAR Banyan Closed	Humane Society Visit	Amazing Athletes Visit	"Little Red Riding Hood"	Wolf Masks	→
7	8	9	10	11	12	13
Foxes	"What Does the Fox Say?"	Paper Bag Fox	Ability to Include Visit	SRQ Story Time Visit	Fox Coloring Page	
14	15	16	17	18	19	20
Snow Leopards	MLK Jr. Day School Closed Banyan Open Leopard Song	Snow Leopard Handprint	Animals Shaving Cream Sensory Bin	Snow Leopard Book	Winter Animals Bingo	
21	22	23	24	25	26	27
Walruses	Hello Song Singing Walrus	Paper Plate Walrus	Winter Sensory Bin	Walrus Worksheets	Walrus Coloring Sheets	
28	29	30	31	1	2	3
Chipmunks	Alvin and the Chipmunks	Paper Bag Chipmunk	Squirrel Hats Nat'l Backwards Day			



# Beyond the Brush: Oral Care for Kids



## From Birth

Make sure baby has a nutritious diet to ensure good tooth development & prevent cavities



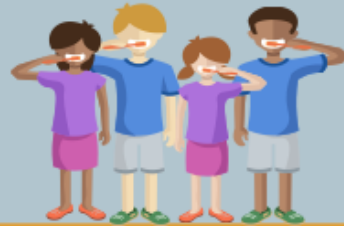
## Through Infancy

Rub baby's gums clean daily with a wet piece of soft gauze or damp washcloth within a few days of birth



## From Baby's First Tooth

The first tooth means it's time for the first baby's first annual dental visit- teeth usually poke through between 6 and 12 mos.



## Through Age 2

To prevent teeth from tipping forward or growing in crooked, wean pacifier use no later than 2 years old



## Toddler Years

Brush your kiddo's teeth with a child-sized brush & smear of fluoride toothpaste



## Early Childhood (3+)

Under parent supervision, have children brush with a pea-sized dollop of fluoride toothpaste 2x a day and visit a dentist 2x a year



## Throughout Childhood

Avoid sharing utensils- forks & spoons, cups, and straws- with your children to prevent the spread of bacteria that cause cavities

## Adolescence (6+)

As soon as permanent molars come in, children can have sealants applied to prevent tooth decay- sealants can be reapplied every 10 years

## Teens & Beyond

Unless your dentist recommends otherwise, continue taking teens to twice a year checkups for a lifetime of good dental habits & savings

