



JANUARY



Staff Anniversaries
1 year Shantel

Staff Birthdays
1/21 Yahaira
1/26 Zantavia

Kids' Birthdays
1/13 James
1/18 Nikolas

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekly Theme	Music	Arts/Crafts	Fun	Reading	Sensory	
31	1	2	3	4	5	6
 Foxes School Closed →	 HAPPY new YEAR Banyan Closed	Arctic Fox Winter Handprint	Dot Painting Fox	"Fox Versus Winter"	Winter Animal Scavenger Hunt	→
7	8	9	10	11	12	13
Snow Leopards	The Penguin Dance School Closed Therapy Horse	Cut & Paste Leopard	Snowy Owl Painting	"Snow"	Snow Sensory Bin	
14	15	16	17	18	19	20
Walruses	MLK Jr. Day School Closed Banyan Open "Animals in Winter"	Walrus Paper Plate	Rescue the Arctic Animals	"The Emperor's" Music Matters	Arctic Slime	
21	22	23	24	25	26	27
Chipmunks	"The Moose is Loose"	Chipmunk Paper Bag Puppet	Winter Tree Painting Corporal & K9 Visit	"Go to Sleep Little Groundhog"	Alphabet Sensory Bin Story Time Visit	
28	29	30	31	1	2	3
Polar Bears	"If You Want to be a Polar Bear"	I for Igloo Craft	Face Painting Polar Bear Nat'l Backwards Day	"Little Bears Big Adventure"	Polar Bear Sensory Bin	



Beyond the Brush: Oral Care for Kids



From Birth

Make sure baby has a nutritious diet to ensure good tooth development & prevent cavities



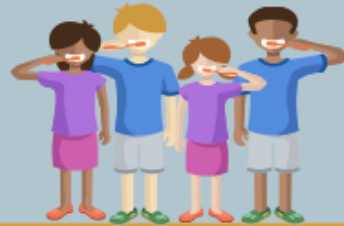
Through Infancy

Rub baby's gums clean daily with a wet piece of soft gauze or damp washcloth within a few days of birth



From Baby's First Tooth

The first tooth means it's time for the first baby's first annual dental visit- teeth usually poke through between 6 and 12 mos.



Through Age 2

To prevent teeth from tipping forward or growing in crooked, wean pacifier use no later than 2 years old



Toddler Years

Brush your kiddo's teeth with a child-sized brush & smear of fluoride toothpaste



Early Childhood (3+)

Under parent supervision, have children brush with a pea-sized dollop of fluoride toothpaste 2x a day and visit a dentist 2x a year



Throughout Childhood

Avoid sharing utensils- forks & spoons, cups, and straws- with your children to prevent the spread of bacteria that cause cavities

Adolescence (6+)

As soon as permanent molars come in, children can have sealants applied to prevent tooth decay- sealants can be reapplied every 10 years

Teens & Beyond

Unless your dentist recommends otherwise, continue taking teens to twice a year checkups for a lifetime of good dental habits & savings

