

# JANUARY

## Staff Anniversaries

1 year Wioletta  
2 years Cassandra

## Staff Birthdays

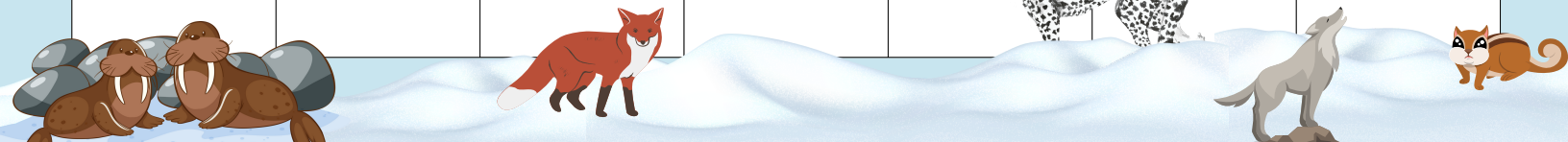
1/11 Madison E.  
1/25 Carrington



## Kids' Birthdays

1/3 Persephone  
1/9 Mikayla  
1/10 Ti'Merik  
1/12 Ava  
1/12 Ka'mir  
1/13 Sebastian  
1/17 Aylah  
1/23 Maleni  
1/29 Philia

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekly Theme	Music	Arts/Crafts	Sensory	Reading	Fun	
31	1	2	3	4	5	6
Wolves PCS Schools Closed →	HAPPY new YEAR Banyan Closed	W is for Wolf	Wolf Mask	Little Red Riding Hood	My Dancing Wolf	→
7	8	9	10	11	12	13
Foxes	F is for Fox	Fox Paper Collage Music Therapy	Paper Plate Fox	Fox Hunt	Sports Day: Wear Your Favorite Team	
14	15	16	17	18	19	20
Snow Leopards	MLK Jr. Day Schools Closed Banyan Open S is for Snow Leopard	Snow Leopard Puppet	Snow Leopard Picture Frame	Winnie the Pooh Day	Spirit Day: Wear Your Banyan Shirt or Colors	
21	22	23	24	25	26	27
Walruses	W is for Walrus Therapy Horse	Peek-a-Boo Walrus Music Therapy	Walrus Headband	Build a Walrus	Walrus Handprint Crazy Sock Day	
28	29	30	31	1	2	3
Chipmunks	C is for Chipmunk	Chipmunk Mobile	National Backwards Day			



# Beyond the Brush: Oral Care for Kids



## From Birth

Make sure baby has a nutritious diet to ensure good tooth development & prevent cavities



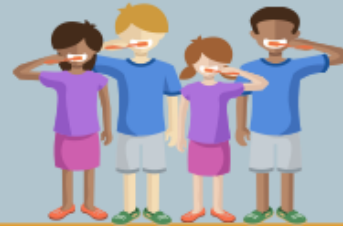
## Through Infancy

Rub baby's gums clean daily with a wet piece of soft gauze or damp washcloth within a few days of birth



## From Baby's First Tooth

The first tooth means it's time for the first baby's first annual dental visit- teeth usually poke through between 6 and 12 mos.



## Through Age 2

To prevent teeth from tipping forward or growing in crooked, wean pacifier use no later than 2 years old



## Toddler Years

Brush your kiddo's teeth with a child-sized brush & smear of fluoride toothpaste



## Early Childhood (3+)

Under parent supervision, have children brush with a pea-sized dollop of fluoride toothpaste 2x a day and visit a dentist 2x a year



## Throughout Childhood

Avoid sharing utensils- forks & spoons, cups, and straws- with your children to prevent the spread of bacteria that cause cavities

## Adolescence (6+)

As soon as permanent molars come in, children can have sealants applied to prevent tooth decay- sealants can be reapplied every 10 years

## Teens & Beyond

Unless your dentist recommends otherwise, continue taking teens to twice a year checkups for a lifetime of good dental habits & savings

